Academic Enrichment



Some famous Olympians you may wish to learn more about.



Cathy Freeman (1973 - present)

Cathy is a former Olympic gold medal winning Australian sprinter, who won the 400 metres event in Sydney in the 2000 Summer Olympics. Cathy had always dreamed of being an Olympic athlete and won her first medal aged 8 at a school athletics competition!

Michael Phelps (1985 - present)

Michael has won 28 Olympic medals! As an American swimmer he also holds the record amazing for the most gold medals one at a single Olympics, winning 8 at the 2008 Games in Beijing.

Jesse Owens (1913 - 1980)

Jesse was an American track and field athlete and four-time Olympic gold medalist in the 1936 Games. Jesse was one of eleven children born to the son of a sharecropper and was often ill as a child. The Jesse Owens Award is USA Track and Field's highest accolade for the year's best track and field athlete.

Tanni Grey-Thompson (1969 - present)

Carys Davina Grey-Thompson, nicknamed "Tanni" as a girl and now Baroness Grey-Thompson, comes from Wales and is a former wheelchair athlete. Tanni was born with spina bifida. Over her career she won a total of 16 Paralympic medals, including an incredible 11 golds. She also held over 30 world records, and won the London Marathon six times between 1992 and 2002.

Other Olympians you may want to research:

Sir Steve Redgrave
Eddie the Eagle Edwards
Lizzie Yarnold
Daley Thompson
Nadia Comaneci

